

**Commonwealth of Kentucky  
Michael G. Adams, Secretary of State**

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Michael G. Adams  
KY Secretary of State  
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Michael G. Adams  
Secretary of State  
P. O. Box 718  
Frankfort, KY 40602-0718  
(502) 564-3490  
<http://www.sos.ky.gov>

**Certificate of Assumed Name**

**ASN**

Pursuant to the provisions of KRS chapter 365, the undersigned hereby applies to assume a name, and for that purpose, submits the following statements:

1. The assumed name is:

**Body Dynamics Fitness & Training**

2. The name of the business entity that is adopting the assumed name is:

**J&C Fitness & Training, LLC**

3. This application will be effective upon filing.

4. The mailing address is:

**8109 Alexandria Pike Ste 1, Alexandria KY 41001**

5. I declare under penalty of perjury under the laws of the state of Kentucky that the foregoing is true and correct.

**Carol Sprinkle**